



City of Kingston Live Well Kingston
Meeting Agenda
Wednesday, June 19, 2019
4:00 PM

LOCATION: CONFERENCE ROOM #1, TOP FLOOR, CITY HALL

APPROVAL OF MINUTES

May's Meeting Minutes
[1905 May LWK Meeting Minutes.docx](#)

ADMINISTRATIVE MATTERS

Welcome Potential Board Members

OLD BUSINESS

Marketing Report

STRETCH

NEW BUSINESS

ANNOUNCEMENTS AND COMMUNICATIONS

FOCUS TEAM MEETINGS AND OTHER EVENTS - Age Well – June 19th, 1pm, Yosman Towers
Empire State Trail Open House, June 19th, 6-7:30pm, City Hall
Complete Streets Advisory Council -- June 20th, 4pm City Hall
Let's Move! Ulster -- June 21st, 5pm, TR Gallo Park
Tour De Kingston -- June 23rd, All Day, Forsyth Park
Play Well – June 28th, City Hall, Academy Green Trustees will join us.
Eat Well – August 7th, 10am, Cornell Cooperative Extension
Heal Well – No July Meeting, August 2nd, noon, City Hall
Healthy Ulster -- July 11th, 2pm, UCHD at
Live Well Kingston Commission -- July 17th, 4-5:30pm
Travel Well – No standing meeting at this time

Live Well Kingston Agenda Item Report

Meeting Date: June 19, 2019

Submitted by: Emily Flynn

Submitting Department:

Item Type: Informational Purposes

Agenda Section:

Subject:

May's Meeting Minutes

Suggested Action:

Attachments:

[1905 May LWK Meeting Minutes.docx](#)

Live Well Kingston May Meeting Minutes

Wednesday, May 15, 2019, 4 – 5:30 pm, City Hall, Conference Room #1

I. CALL TO ORDER: 4:03 PM

- a. Council Members (Voting)
- | | |
|------------------|-------------------|
| Anna Brett | <u> X </u> |
| Caitlin Zinsley | <u> </u> |
| Dylan Johanson | <u> </u> |
| Gerry Harrington | <u> X </u> |
| Kathleen Rogan | <u> X </u> |
| Melinda Herzog | <u> X </u> |
| Stacy Kraft | <u> X </u> |
| Tayne' Smith | <u> X </u> |
| Walter Woodley | <u> </u> |
| Vacant | <u> </u> |
| Vacant | <u> </u> |

Guests

Emily Flynn, Director of Health & Wellness
Brandon Bogert, UCDOH-MH

1. APPROVAL OF MINUTES

- a. A motion to accept the April's minutes was made by Anna, seconded by Gerry, and approved by quorum. Abstention made by Stacy.

2. ADMINISTRATIVE MATTERS

- a. Motion to add to the agenda was made by Gerry, seconded by Anna and approved.
- b. Emily will invite potential commissioners to the June meeting - Sergio Engels & Laurie Sahknovski
- c. Motion to have new applicants sit in on at least one meeting in order to be considered for recommendation to the Mayor. Motion made by Gerry, seconded by Kathleen and motion passed.

3. OLD BUSINESS

- a. The Action Plan was reviewed
 - i. Emily will have a marketing report for next month. A new marketing company will be considered.
 - ii. Revisit snow removal and possible meeting with DPW in September. Kathleen will do some research about what other communities do.

4. NEW BUSINESS

- a. No new business.

5. ANNOUNCEMENTS AND COMMUNICATIONS

- Healthy Ulster radio needs presenters
- Peoples Place cafe opening soon and needs volunteers

- c. Tayne gave some feedback about community health needs. Stacy is going to connect her with the [Community Services Board](#) and Emily invited her to come to the Heal Well meetings.

6. ADJOURNMENT: 5:31

Here is list of recent and upcoming events and meetings:

Resilience Film Screening – May 16th, 6-8pm, George Washington Elementary Auditorium

Kingston City School District Health & Wellness Committee – May 21st, 3pm, Carnegie Building

Bike Friendly Kingston – May 23rd, 6pm, at the Beverly

Play Well – May 24th, City Hall, Academy Green Trustees will join us.

Eat Well – June 5th, 10am, Cornell Cooperative Extension

Heal Well – June 7th, noon, City Hall

Kingston Kayak Festival – June 8th, 11am, Kingston Beach

Town of Ulster Library Bicycle Festival – June 8th, 11am

Complete Streets Advisory Council -- June 13th, 4pm City Hall

Age Well – June 19th, 1pm at Yosman Towers

Live Well Kingston Commission – June 19th, 4-5:30pm, City Hall

Tour De Kingston -- June 23rd, All Day, Forsyth Park

Travel Well – No standing meeting at this time

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Marketing Report

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