AGENDA

Committee on Aging

Wednesday, April 1, 2026
7:00 PM
Nursing and Senior Services
746 E. Schaumburg Rd.
Schaumburg, IL 60194

VILLAGE OF SCHAUMBURG
PROGRESS THROUGH THOUGHTFUL PLANNING

A G E N D A

I. CALL TO ORDER

II. APPROVAL OF MINUTES

A. February 4, 2026

III. NEW BUSINESS

A. Member's Shared Information

B. Summer Event

C. Holiday Bingo 2026 at the Barn: Discuss Date

IV. UNFINISHED BUSINESS

A. Senior Resource Directory New Ideas and Establish a Timeline for Completion

B. Spring Fling 2026 and Educational Topic

C. Health Topics with Nurse Janet and Discuss Dates

V. CONTINUING ITEMS

A. Liaison's Report

B. Budget Report

VI. DEFERRALS

VII. COMMENTS FROM THE PUBLIC

VIII. ADJOURNMENT

IX. NEXT MEETING

A. June 3, 2026

In compliance with the Americans with Disabilities Act and other applicable Federal and State laws, the

meeting will be accessible to individuals with disabilities. Persons requiring auxiliary aids and/or services should contact the Village Manager's Office at 847.923.4705, preferably no later than five days before the meeting.

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

February 4, 2026
04/01/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

ATTACHMENTS:
- 2026-02-04 COA Minutes'.pdf

I have reviewed the minutes, and they correctly represent the action taken by the committee.

Marina Lvovich
Senior Services Coordinator

COMMITTEE ON AGING
VILLAGE OF SCHAUMBURG
Meeting of February 4, 2026
7:00 PM – Nursing and Senior Services Conference Room
746 E. Schaumburg Road

CALL TO ORDER:
Co-Chairperson Bernadette Sigl called the meeting to order at 7:00 p.m.

MEMBERS PRESENT:	Alex Bonarirgo	Marilyn Pande
	Kim Kettel	Kathy Ray
	Kathy Kosla-Martinez	Bernadette Sigl
	Diana Murray	Diane Shore
	Ryszard Puskarz	

MEMBERS ABSENT: None.

OTHERS ABSENT: None.

OTHERS PRESENT: Kathleen Henkelman, Nursing & Senior Services Supervisor
Marina Lvovich, Senior Services Coordinator, and Jessica Kettel, Program Specialist at Schaumburg Township

APPROVAL OF MINUTES:

Kathy Ray motioned to approve the minutes for the Committee on Aging (COA) meeting for December 3, 2025. Seconded by Kathy Martinez. Motion carried.

NEW BUSINESS:

1. **Member's Shared Information:**

Jessica Kettel reported that Schaumburg Township will be hosting several upcoming programs. A presentation on Property Fraud Prevention will be offered in partnership with the Cook County Clerk's Office, focusing on how residents can protect themselves from property fraud and monitor property records. In addition, a DMV Pop-Up Clinic will be scheduled in April, where residents can make appointments to obtain or renew a REAL ID without traveling to a traditional DMV location. Information will be shared through printed circulars and in the Township's March newsletter. The DMV clinic will be open to individuals of all ages. For more information or to register for Township programs, residents can visit the Township website or call 847-884-0030.

Jessica also shared that free tax preparation appointments are currently available through the Township's AARP-sponsored tax program. The service is offered on Mondays, Wednesdays, and Fridays, and residents must have all required tax documents prior to scheduling. The program is staffed by trained volunteers, many of whom are retired CPAs or tax professionals. The service focuses primarily on simple tax returns. Residents can schedule an appointment by calling 847-285-4597, Monday through Friday between 9:00 a.m. and 4:00 p.m.

Alex Bonarigo reported that travel programming through the Schaumburg Park District continues to be active, with several trips and programs underway. The next major trip planned is a group travel program to Greece scheduled for April 12–22. Alex noted that participation in Park District travel programs remains strong. For more information or to register for programs, residents can visit the Park District website visit https://www.parkfun.com/programs-events/seniors or call 847-490-7026.

Kathy Henkelman shared that staffing within the Nursing and Senior Services Division remains stable and that services for seniors continue to operate normally.

2. Discuss COA's Sponsorship of Health Topics with Nurse Janet:

The committee discussed sponsoring one or two educational health presentations led by Nurse Janet through the Township.

Several possible topics were reviewed, including:

- Polypharmacy in Seniors
- Hospice Care vs. Palliative Care
- Heart Disease
- Hearing Loss
- Glaucoma, Cataracts, and Macular Degeneration

After discussion, the committee agreed to sponsor the following programs: Hospice Care vs. Palliative Care – Spring session and heart disease – July session

The Committee on Aging will provide light refreshments for attendees. For the spring presentation, members suggested providing Easter-themed cookies, while fresh fruit was suggested for the summer program.

UNFINISHED BUSINESS:

1. Analysis of Holiday Bingo Event 2025:

The committee reviewed the Holiday Bingo event held on December 15, 2025, at the Park District. Members reported that the event was very successful, with more than 100 participants attending. Two bingo cards were provided for each participant, and multiple games were played, including special rounds and coveralls. Gift cards were awarded as prizes. Committee members noted that the event ran smoothly and that participants expressed strong appreciation for the program. The committee thanked all volunteers and staff for their assistance in making the event successful.

2. Discuss Symposium Event of Various Topics or Topics Presented at Established Events:

The committee revisited the previously discussed idea of hosting a COA educational symposium featuring several short presentations. After discussion, members agreed that organizing a full symposium could be difficult due to logistics and participant movement between sessions. Instead, the committee decided that short educational presentations (approximately 15 minutes) would be incorporated into existing events such as Spring Fling or Holiday Bingo.

The committee agreed to discontinue plans for a standalone symposium and instead incorporate educational presentations into existing events moving forward.

3. Senior Resource Directory New Ideas and Start Research in May 2026:

The committee discussed plans to reprint and update the Senior Resource Directory. An additional 200–250 copies of the current directory will be printed prior to May. Planning for the 2027 edition will begin in May.

Committee members volunteering for the update process include Kathy Ray, Ryszard Puskarz, Kim Kettel, Diana Murray, and Co-chair Sigl. The committee will divide directory sections among members to verify and update information by contacting listed organizations. Members also recommended including a printed publication year on the cover of future directories to clearly identify the most current version.

Additional suggestions included exploring the possibility of adding trusted local vendors such as snow removal services, lawn services, and locksmiths, while maintaining a focus on Schaumburg-area resources**.**

4. Spring Fling 2026: Date, Food, and Location:

The committee continued planning for the Spring Fling event. The event is scheduled for May 5, 2026, from 11:00 a.m. to 2:00 p.m., with doors opening at 10:45 a.m. The event will take place at Schaumburg Township, and attendance is expected to be approximately 100 participants**.**

The committee agreed to charge $10 per participant, with cash-only payments to simplify the registration process. Catering will be ordered from Chandlers Chophouse. The preferred menu option **is** spaghetti and meatballs with salad, which was well received at previous events and is considered easy to serve. The event will include bingo games with gift card prizes**,** and Kathy Ray will serve as the bingo caller.

Prior to the start of the main activities, a 15-minute educational presentation on Sleep and Mindfulness will be offered. Potential speakers are currently being explored, including a yoga instructor who is familiar with mindfulness techniques.

CONTINUING ITEMS:

1. Liaison's Report:

Kathy Henkelman shared updates on behalf of Marina Lvovich regarding programs and activities at The Barn Senior Center. The Barn is currently raising funds for its partner program, the Meals on Wheels Foundation. A recent bake sale raised $300**,** and additional fundraising efforts will include placing donation canisters in various Village of Schaumburg departments and potentially in local restaurants. Members discussed the possibility of placing a canister at the Schaumburg Park District or Schaumburg Township, possibly in a public lobby area where visitors could easily contribute. All proceeds collected will go directly to support Meals on Wheels.

Upcoming events at The Barn were also announced. A Valentine's Day Party will take place on February 13**,** featuring a potluck-style sweet and savory table. A Mardi Gras "Paczki Day" celebration will be held on March 17. In addition, Social Saturdays continue to be held regularly, with the second Saturday of each month sponsored by the Rotary Club and select first Saturdays (February, March, June, and November) sponsored by the Lions Club.

The Market Day 2026 schedule has been released and was included in the meeting packet. It is also available online. The Barn has also been able to distribute healthy frozen meals two to three meals per person per distribution—to registered participants through a partnership with the Greater Chicago Food Depository. The program works with a local low-income senior housing community to ensure that meals reach seniors who may be homebound or have difficulty grocery shopping. The program has been very well received by participants.

Flyers were also distributed for the Explore Schaumburg Eateries: Breakfast Club Edition, a series of social outings scheduled for March through June, each hosted at a different local restaurant. The first event will be held at Maxfield's Pancake House.

Finally, The Barn will host a combined celebration honoring the 70th anniversary of Schaumburg along with the America 250 commemoration. The event will take place on March 6, 2026, from 10:30 a.m. to 12:00 p.m. at The Barn. Registration opens February 10 and closes when maximum capacity of 120 attendees is reached. The tentative schedule includes snacks and appetizers at 10:30 a.m., cake and photo opportunities with elected officials at 11:00 a.m., and a "Schaumburg Then and Now" historical presentation at 11:30 a.m. presented by a local librarian. Followed by remarks by the mayor, followed by lunch at 12:00 p.m. The event will conclude with bingo and gift card prizes.

The Barn Senior Center has several available dates in April should the committee need to schedule additional programming. Available dates include most Wednesdays (except April 1 and April 22), all Thursdays, and Fridays April 3 and April 17.

2. Budget Report: (**Attachment 1)**
The December budget report for FY 2025–2026 was distributed and reviewed. The committee discussed the remaining balance within the Food and Meeting Supplies line item and noted that sufficient funds remain to support upcoming events, including the Spring Fling.

Approximately 500 copies of the Senior Resource Directory remain available. The committee agreed to proceed with a reprint of the current version prior to April. An additional 350 copies have been ordered. Planning for updates to the 2027 edition of the directory will begin in the coming months.

The Operating Supplies budget currently has approximately $250 remaining. Marina noted that additional gift cards may be purchased if needed depending on usage at upcoming events.

Members also discussed the need to utilize remaining budget funds before the end of the fiscal year. Events planned for March and April, including Spring Fling, will help ensure that the remaining funds within the Food and Meeting Supplies and Operating Supplies categories are appropriately used prior to the fiscal deadline in late April. The committee discussed the possibility of paying catering costs in advance if necessary to ensure funds are allocated within the current budget cycle.

DEFERRALS: None.

COMMENTS FROM THE AUDIENCE: None.

ADDITIONAL COMMENTS: None.

ADJOURNMENT:
Alex Bonarirgo motioned to adjourn the Committee on Aging meeting at 8:05 p.m. Seconded by Kathy Ray. Motion carried.

NEXT MEETING: April 1, 2026 at 7:00 p.m.

Respectfully submitted, Marina Lvovich, Senior Services Coordinator

Attachment 1

COA Budget Report for February 2026

COA 2025 Budget Report Fiscal Year: May 1, 2025 - April 30, 2026		
Food & Meeting Supplies		**$ 1,750.00**
1011570-7004	Food and Refreshment for Events	
	5/6/25 Spring Fling Event Luncheon – Chandler's	$500.00
	8/26/25 Western Round Up Luncheon -GFS	$431.00
	9/16/25 Golden Games Senior Olympic Breakfast - Jewel	$120.40
	11/4/25 New Medical Advances and Preventative Measures Presentation Refreshments - Jewel	$37.93
	12/03/25 New Medical Advances and Preventative Measures Presentation Refreshments - Jewel	$30.96
	12/15/25 Holiday Bingo Event – Jewel	$115.40
	12/17/25 Reimbursement from Sch. Park Dist. Western Theme	**+$690.00**
	Balance	**$ 1,204.31**
Operating Supplies & Equipment		**$ 500.00**
1011570-7006	8/26/25 Western Round Up Entertainer	$250.00
	Balance	**$ 250.00**
Postage	Moved to Food and Refreshments for Events 10/25	**$ 0.00**
1011570-7014	Balance	**$ 0.00**
Printing		
1011570-7001	Printing of Senior Resource Directory booklet	**$ 500.00**
	250 copies of Senior Resource Directory	**$500**
	Balance	**$ 0.00**
Office Supplies		**$ 200.00**
1011570-7013	Paper for COA event flyers and literature bag material	$180.00

	Balance as	**$ $20.00**
	Balance as of 2/2026	**$ 1,474.80**

Attachment 2

Committee on Aging 2026-2027 Subcommittee Events

Subcommittee	Committee Members	Date of Event	Progress
2026 Spring Fling	Co-Chairpersons Sigl and Kettel All Members	May 5, 2026 Schaumburg Township 11 a.m.-2 p.m. 15 min Yoga meditation and mindfulness	In progress
Health Topics Presentation with Nurse Janet	Co-Chairperson Kettel All Members	TBD	In progress
Health Topics Presentation with Nurse Janet	Co-Chairperson Kettel Members	TBD	In progress
Summer Event 2026		TBD	
Holiday Bingo 2026	Co-Chairperson Sigl	December 2026 Barn 1-3 p.m.	In progress

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Member's Shared Information
04/01/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Summer Event
04/01/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Holiday Bingo 2026 at the Barn: Discuss Date
04/01/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Senior Resource Directory New Ideas and Establish a Timeline for Completion
04/01/26
Committee on Aging

Presenter:
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Executive Summary:

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VILLAGE OF SCHAUMBURG

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Spring Fling 2026 and Educational Topic
04/01/26
Committee on Aging

Presenter:
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Health Topics with Nurse Janet and Discuss Dates
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Presenter:
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Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Liaison's Report
04/01/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Budget Report
04/01/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

June 3, 2026
04/01/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action: