AGENDA

Committee on Aging

Wednesday, June 3, 2026
7:00 PM
Nursing and Senior Services
746 E. Schaumburg Rd.
Schaumburg, IL 60194

VILLAGE OF SCHAUMBURG
PROGRESS THROUGH THOUGHTFUL PLANNING

A G E N D A

I. CALL TO ORDER

II. APPROVAL OF MINUTES

A. April 1, 2026

III. NEW BUSINESS

A. Member's Shared Information

B. Golden Games Senior Olympics at the Barn Sponsorship

C. New Ideas 2026-2027

IV. UNFINISHED BUSINESS

A. Senior Resource Directory New Ideas and Timeline for Completion

B. Analysis of Spring Fling 2026 and Educational Topic

C. Discuss Future of Health Topic Programs

D. Beach BBQ Bingo Event at the Schaumburg Park District

E. Holiday Bingo 2026 at the Barn

V. CONTINUING ITEMS

A. Liaison's Report

B. Budget Report

VI. DEFERRALS

VII. COMMENTS FROM THE PUBLIC

VIII. ADJOURNMENT

IX. NEXT MEETING

A. August 5, 2026

In compliance with the Americans with Disabilities Act and other applicable Federal and State laws, the meeting will be accessible to individuals with disabilities. Persons requiring auxiliary aids and/or services should contact the Village Manager's Office at 847.923.4705, preferably no later than five days before the meeting.

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

April 1, 2026
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

ATTACHMENTS:
- 2026-04-01 COA Minutes.pdf

I have reviewed the minutes, and they correctly represent the action taken by the committee.

Marina Lvovich
Senior Services Coordinator

COMMITTEE ON AGING
VILLAGE OF SCHAUMBURG
Meeting of April 1, 2026
7:00 PM – Nursing and Senior Services Conference Room
746 E. Schaumburg Road

CALL TO ORDER:
Co-Kim Kettel called the meeting to order at 7:00 p.m.

MEMBERS PRESENT:	Alex Bonarirgo	Marilyn Pande
	Kim Kettel	Kathy Ray
	Kathy Kosla-Martinez	Bernadette Sigl
	Diana Murray	Diane Shore
	Ryszard Puskarz	

MEMBERS ABSENT: None.

OTHERS ABSENT: None.

OTHERS PRESENT: Kathleen Henkelman, Nursing & Senior Services Supervisor
Marina Lvovich, Senior Services Coordinator, and Jessica Kettel, Program Specialist at Schaumburg Township

APPROVAL OF MINUTES:

Kathy Ray motioned to approve the minutes for the Committee on Aging (COA) meeting for February 4, 2026. Seconded by Kathy Martinez. Motion carried.

NEW BUSINESS:

1. **Member's Shared Information:**

Jessica Kettel reported that Schaumburg Township will host several upcoming community programs. A Property Fraud Prevention presentation, in partnership with the Cook County Clerk's Office, will educate residents on how to protect themselves from property fraud and monitor property records. In addition, a DMV Pop-Up Clinic will be offered in April, allowing residents to obtain or renew a REAL ID through scheduled appointments without traveling to a traditional DMV facility. Information regarding both programs will be shared through Township circulars and the March newsletter. The DMV clinic will be open to individuals of all ages. Jessica also shared that free tax preparation appointments are currently available through the Township's AARP-sponsored tax program. Services are offered Mondays, Wednesdays, and Fridays by trained volunteers, including retired CPAs and tax professionals. The program focuses primarily on simple tax returns. Residents may visit the Township website or call 847-884-0030 for Township programs and may call 847-285-4597 to schedule tax preparation appointments.

Alex Bonarigo reported that Schaumburg Park District travel programming remains active and well attended. The next major group trip to Greece is scheduled for April 12–22. Participation in travel programming continues to remain strong. Residents may register for Park District programs by visiting the Park District website or calling 847-490-7026. For more information or to register for programs, residents can visit the Park District website visit https://www.parkfun.com/programs-events/seniors or call 847-490-7026.

Kathy Henkelman shared updates from Nursing and Senior Services. She reported that the department is currently in the process of hiring an additional part-time nurse. Kathy also shared that the "Support Our Seniors" group recently hosted a program titled "Should I Stay or Should I Go?" at the library, which drew approximately 68 attendees. The presentation featured panel discussions focused on aging in place versus transitioning into assisted or senior living communities. One panel discussed options for remaining at home with supportive services and in-home care, while another explored various senior living options and the costs associated with those services. Kathy noted that the event received very positive feedback and attendance exceeded expectations. Additionally, the Village of Schaumburg Blood Committee will host a blood drive on May 14 at the Church of Jesus Christ of Latter-day Saints, located near Schaumburg and Carver Roads.

2. Summer Event:

The committee discussed plans for the annual summer event and agreed to bring back the popular BBQ-style luncheon with a new beach-themed concept titled "Beach BBQ Bingo." The event is scheduled for August 18, 2026, from 11:00 a.m. to 2:00 p.m. Doors will open at 11:00 a.m., with lunch beginning at approximately 11:30 a.m. The menu will include hamburgers, cheeseburgers, hot dogs, watermelon, salad, dessert, and refreshments. Vegetarian burgers will not be offered due to low participation at previous events. Bingo games and beach-themed music will provide entertainment during the event.

Members also discussed encouraging attendees to dress in beach-themed attire and potentially hosting a dress-up contest. The event fee will be $10 per participant. Registration will be coordinated collaboratively through participating organizations using a shared Google document. Alex Bonarigo will assist with reservation coordination, and Marina Lvovich will work with Village

staff to create and distribute promotional flyers. Committee members also discussed utilizing existing Park District beach-themed decorations for the event.

3. Holiday Bingo 2026 at the Barn: Discuss Date:

The COA committee discussed preliminary planning for the annual Holiday Bingo event at The Barn. The event is tentatively scheduled for Friday, December 18, 2026, from 1:00 p.m. to 3:00 p.m. Participants will receive two bingo cards, and approximately eight to ten games will be played, including specialty games and two coverall rounds. Gift cards in $5 increments will be awarded as prizes. Marina Lvovich and Kim Kettel will coordinate refreshments, including desserts, hot chocolate, water, and gift cards for bingo prizes. Committee members also discussed utilizing existing holiday decorations from the Park District and coordinating volunteers to assist with decorating. Additional details regarding registration and programming will be finalized at a future meeting.

UNFINISHED BUSINESS:

1. Senior Resource Directory New Ideas and Establish a Timeline for Completion:

The committee continued discussions regarding updates and reprinting of the Senior Resource Directory. Approximately 250 additional copies of the current edition will be printed prior to May, with planning for the 2027 edition beginning immediately. Committee members volunteering for section updates include Kathy Ray, Ryszard Puskarz, Kim Kettel, Diana Murray, and Co-chair Bernadette Sigl. Directory sections were divided among members for review and verification of information. Members will contact listed organizations directly to confirm information and submit updates. The committee established a tentative timeline with finalized updates due by February 2027 to allow adequate time for formatting, proofreading, and printing. Additional suggestions for future editions included adding a publication year to the cover and exploring inclusion of senior housing advisors and trusted referral organizations such as snow removal services, lawn services, and locksmiths, while maintaining appropriate legal disclaimers regarding informational resources.

2. Spring Fling 2026: Date, Food, and Location:

The committee finalized plans for the Spring Fling event scheduled for May 5, 2026, at Schaumburg Township with close to 100 attendees already signed up. Doors will open at 10:30 a.m., followed by an educational presentation at 10:45 a.m. Lunch will begin at approximately 11:15 a.m., with bingo games to follow. The educational presentation topic will focus on the benefits of walking and physical activity and will be presented by Jen from the Township's Fit for Life program. Lunch will be catered by Chandlers Chophouse and will include spaghetti, meatballs, salad, garlic bread, and dessert.

The cost will be $10 per participant, cash only, with reservations due by April 28, 2026. Each attendee will receive two bingo cards. Jessica Kettel will coordinate reservations, and a shared Google document will be utilized for registration tracking. Committee members also discussed purchasing desserts, beverages, and additional supplies using remaining budget funds.

3. Discuss COA's Sponsorship of Health Topics with Nurse Janet:

The committee revisited plans to sponsor educational health presentations through the Township in partnership with Nurse Janet from Northwest Community Hospital. Previously selected topics included Hospice Care vs. Palliative Care, Heart Disease, and Hearing Loss. Due to Nurse Janet's temporary leave of absence, the committee agreed to postpone final planning until additional information becomes available regarding substitute presenters from Northwest Community Hospital. Tentative program dates remain July 1, 2026, for Heart Disease and September 2, 2026, for Hearing Loss. Refreshments for future presentations will be discussed at upcoming meetings.

CONTINUING ITEMS:

1. Liaison's Report:

Marina Lvovich shared updates regarding activities and programming at The Barn Senior Center. Recent highlights included a successful Easter celebration featuring a special appearance by the Easter Bunny, expanded kitchen aide staffing support, and the launch of a new monthly fitness program titled "Movement is Medicine" beginning April 23. Marina shared that the program will focus on movement and physical wellness and will be instructed by a physical therapist at no additional cost to participants who purchase lunch through the congregate meal program.

Marina also discussed continued partnerships with healthcare presenters and therapists, upcoming volunteer opportunities in The Barn's community garden beginning in May, and preparations for the annual Flag Day event scheduled for June 11. Additional programming updates included the continued success of "Explore Schaumburg: Breakfast Club Edition" outings featuring local restaurants, trivia activities, and social opportunities for seniors. Marina also shared information regarding an affordable barber service available to seniors and discussed the importance of social engagement opportunities for older adults within the community.

2. Budget Report: (Attachment 1)

The committee reviewed the FY 2025–2026 budget report. Discussion included remaining balances within the Food and Meeting Supplies and Operating Supplies accounts, utilizing remaining fiscal year funds for upcoming events, purchasing additional gift cards for bingo prizes, and reprinting 250 additional copies of the Senior Resource Directory.

DEFERRALS: None.

COMMENTS FROM THE AUDIENCE: None.

ADDITIONAL COMMENTS: None.

ADJOURNMENT:

Alex Bonarirgo motioned to adjourn the Committee on Aging meeting at 8:05 p.m. Seconded by Kathy Ray. Motion carried.

NEXT MEETING: June 3, 2026 at 7:00 p.m.

Respectfully submitted, Marina Lvovich, Senior Services Coordinator

Attachment 1

COA Budget Report for April 2026

COA 2025 Budget Report Fiscal Year: May 1, 2025 - April 30, 2026		
Food & Meeting Supplies 1011570-7004		**$ 1,750.00**
	Food and Refreshment for Events	
	5/6/25 Spring Fling Event Luncheon – Chandler's	$500.00
	8/26/25 Western Round Up Luncheon -GFS	$431.00
	9/16/25 Golden Games Senior Olympic Breakfast - Jewel	$120.40
	11/4/25 New Medical Advances and Preventative Measures Presentation Refreshments - Jewel	$37.93
	12/03/25 New Medical Advances and Preventative Measures Presentation Refreshments - Jewel	$30.96
	12/15/25 Holiday Bingo Event – Jewel	$115.40
	12/17/25 Reimbursement from Sch. Park Dist. Western Theme	**+$690.00**
	4/16/26 Spring Fling Event - Chandler's Lunch	$600.00
	4/16/26 Food and Refreshments for upcoming events	$596.36
	Balance	**$ 7.95**
Operating Supplies & Equipment		**$ 500.00**
1011570-7006		
	8/26/25 Western Round Up Entertainer	$250.00
	4/16/26 Gift Card Prizes for Spring Fling Event	$250.00
	Balance	**$ 0.00**
Postage 1011570-7014		
	Moved to Food and Refreshments for Events 10/25	**$ 0.00**
	Balance	**$ 0.00**
Printing 1011570-7001		
	Printing of Senior Resource Directory booklet	**$ 500.00**
	250 copies of Senior Resource Directory	**$500**
	Balance	**$ 0.00**

Office Supplies 1011570-7013		**$ 200.00**
	Paper for COA event flyers and literature bag material	$180.00
	Balance as	**$ $20.00**
	Balance as of 2/2026	**$ 27.95**

Attachment 2

Committee on Aging 2026-
2027 Subcommittee Events

Subcommittee	Committee Members	Date of Event	Progress
2026 Spring Fling	Co-Chairpersons Sigl and Kettel All Members	May 5, 2026 Schaumburg Township 11 a.m.-2 p.m. 15 min Yoga meditation and mindfulness	Completed
Health Topics Presentation	Co-Chairperson Kettel All Members	TBD	In progress
"Beach BBQ Bingo" Summer Event	Co-Chairperson Kettel All Members	August 18, 2026 Schaumburg Park District 11a.m. – 2p.m.	In progress
Golden Games Senior Olympics at the Barn	Co-Chairperson Sigl All Members	September 2026 Barn 8:30 a.m. – 10 a.m.	In progress
Holiday Bingo 2026	Co-Chairperson Sigl All Members	December 18, 2026 Barn 1-3 p.m.	In progress

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Member's Shared Information
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Golden Games Senior Olympics at the Barn Sponsorship
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

New Ideas 2026-2027
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Senior Resource Directory New Ideas and Timeline for Completion
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Analysis of Spring Fling 2026 and Educational Topic
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Discuss Future of Health Topic Programs
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Beach BBQ Bingo Event at the Schaumburg Park District
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Holiday Bingo 2026 at the Barn
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Liaison's Report
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

Budget Report
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action:

VILLAGE OF SCHAUMBURG

AGENDA ITEM SUMMARY

August 5, 2026
06/03/26
Committee on Aging

Presenter:
Lead Department: Fire Department

Executive Summary:

Recommended Action: